

# Summer Holiday Class Timetable 2024

Please always check our [What's On Calendar](#) for the most up to date information.

Autumn term commences on **Monday 2<sup>nd</sup> September**

Last update: 05/07/24

Dear Class Member

Many thanks for joining us at classes this term. The final week of term is W/C Monday 15th July. We then have a holiday timetable in place. Details below and on our [What's On Calendar](#).

## Hall Holiday Classes

For hall-based classes to go ahead, a minimum of 12 people pre-booked/paid per class is needed

- ✓ Pre-booking is **£7.00** per class
- ✓ Pay As You Go is **£9.00** per class

## Run Holiday Classes

- ✓ No minimum numbers required, all sessions will be going ahead
- ✓ Pre-booking is **£5.75** per class
- ✓ Pay As You Go is **£8.00** per class

## Zoom Holiday Classes

No minimum numbers required, all sessions will be going ahead

- ✓ Pre-booking:
  - **£5.75** per class for 60' sessions
  - **£3.25** per class for 30' sessions
- ✓ Pay As You Go
  - **£8.00** per class for 60' sessions
  - **£4.00** per class for 30' sessions

## Standing Orders (SO)

- ✓ If you currently pay a monthly [Unlimited All Classes](#) standing order, all summer holiday classes are included, i.e. you do not need to pay any extra.
- ✓ You don't need to complete the form, but please let me know which hall based classes you intend to do so I've an idea of numbers, many thanks.
- ✓ If you are on any other Standing Order, please remember that your Standing Order still needs to go out for the month of August.
  - This is because your payment of 36 weeks' worth of classes is spread evenly through 12 monthly payments.
  - You will need to pay for any holiday classes attended.

Please check our '[What's On' Calendar](#) for further details including Zoom class registration and run class locations.

## **Advance Payment**

Fees for advance payment for full paying adults only

Students/Low income: £4 pay as you go per class or £2 for 30' classes

Please note: **No refunds or transfers to next term**

## **Payment:**

1. Bank transfer:
  - a. Complete the form and send a photo to Sam via WhatsApp or email
  - b. Or – if you're doing your usual classes, just let me know rather than filling the form
  - c. 07805 094 701      [asksam@bodyfitcumbria.co.uk](mailto:asksam@bodyfitcumbria.co.uk)
2. Cash:
  - a. Please complete the form place in envelope with cash and give to Sam at class
  - b. Please note that cheques are no longer accepted

**BodyFit (Sam Ayers) Ltd**      If asked, this is a business account

**BACs: Sort Code: 09-01-28      Account Number: 08185241**

**Note:** Some banks don't like brackets. If this happens, use the same details without the brackets.

See over for timetable/booking form

## **Going Forward:**

### **Autumn Term**

Starts: Monday 2<sup>nd</sup> September

Holidays:

- ✓ W/C Monday 30<sup>th</sup> September (social sessions organised by class members only)
- ✓ W/C Mon 28<sup>th</sup> October, half term.

## Summer Holiday Class Timetable 2024

Day	Date	Class	Location	Pre-Booking Fee	Insert fee if booking
M	22-Jul	R	LHC	£ 5.75	
M	22-Jul	SS30	Zoom	£ 3.25	
Tue	23-Jul	R	M'Gdns	£ 5.75	
Tue	23-Jul	CFA	Hall	£ 7.00	
Tue	23-Jul	Ball	Hall	£ 7.00	
W	24-Jul	Ball	Hall	£ 7.00	
Th	25-Jul	R	LHC	£ 5.75	
Th	25-Jul	SS30	Zoom	£ 3.25	
Fri	26-Jul	CSC	Zoom	£ 5.75	
M	29-Jul	R	LHC	£ 5.75	
M	29-Jul	SS30	Zoom	£ 3.25	
Tue	30-Jul	R	M'Gdns	£ 5.75	
Tue	30-Jul	CFA	Hall	£ 7.00	
Tue	30-Jul	Ball	Hall	£ 7.00	
W	31-Jul	Ball	Hall	£ 7.00	
Th	01-Aug	R	LHC	£ 5.75	
Th	01-Aug	SS30	Zoom	£ 3.25	
Fri	02-Aug	CSC	Zoom	£ 5.75	
M	05-Aug	R	LHC	£ 5.75	
M	05-Aug	SS30	Zoom	£ 3.25	
Tue	06-Aug	R	M'Gdns	£ 5.75	
Tue	06-Aug	CFA	Hall	£ 7.00	
Tue	06-Aug	Ball	Hall	£ 7.00	
W	07-Aug	Ball	Hall	£ 7.00	
Th	08-Aug	R	LHC	£ 5.75	
Th	08-Aug	SS30	Zoom	£ 3.25	
Fri	09-Aug	No Class	N/A	No Classes	N/A
WC	12-Aug	N/A	N/A	No Classes	N/A
WC	19-Aug	N/A	N/A	No Classes	N/A
WC	26-Aug	N/A	N/A	No Classes	N/A
				<b>Total Paid</b>	

Key:

Ball	Core Stability on the Ball
CFA	Circuits for All
CSC	Core Stretch Combo
Hall	Methodist Hall
LHC	Lakes Home Centre
M'Gdns	Memorial Gardens
N/A	Not applicable
R	Run
SS30	Simply Stretch 30'
W/C	Week Commencing

Full Name:

Contact number:

Email:

Payment method ✓

BACs

Cash

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